

PANTHER RUN ELEMENTARY PANTHER PRINTS NEWSLETTER



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Dr. Shannon Michael Chacona, *Asst. Principal*

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SUPERINTENDENT OF
SCHOOLS

December 1, 2023: Fun Friday. Wear your favorite holiday gear
December 1, 2023: Cafecito Friday with PTA at 8:00 a.m. in the front of the school
December 1, 2023: School Tour at 9:00 a.m.
December 4, 2023: Papa John's fundraiser begins
December 5, 2023: ELA FAST PM2 for 3rd, 4th, & 5th Grades
December 6, 2023: ELA FAST PM2 for Kindergarten, 1st & 2nd Grades
December 8, 2023: Cafecito Friday with PTA at 8:00 a.m. in the front of the school
December 8, 2023: Fun Friday: Wacky Hair Day
December 12, 2023: Math FAST PM2 for 3rd, 4th, & 5th Grades
December 13, 2023: Math FAST PM2 for Kindergarten, 1st & 2nd Grades
December 14, 2023: Winter Show at 6:00 p.m. in the Cafeteria
December 15, 2023: Fun Friday: Grinch Day
December 18, 2023: Wear your favorite holiday attire
December 19, 2023: Field Day for 3rd, 4th & 5th
December 20, 2023: Field Day for Kindergarten, 1st & 2nd
December 20, 2023: School Advisory Council (SAC) Meeting at 2:15 p.m. in the Media Center
December 20, 2023: Whoville Winter Wonderland Event at 5:30 p.m. in the Cafeteria
December 22, 2023: Fun Friday, Pajama Day
December 25, 2023 - January 5, 2024: Winter Break
January 8, 2024: Students return to school following Winter Break

Reminders

- If you are bringing your child to school and you are arriving after 8:00 a.m., you must park your car in a designated parking spot, escort your child to the office and sign your child in by initialing the Tardy Sign-in Sheet. This is for the safety of your child.
- Early Sign-out is not allowed after 1:30 p.m. Parents that need to pick up their child early need to do so prior to 1:30 p.m. There will be no early sign-outs after 1:30 p.m.
- Tardies and Early Sign-outs accrue and will result in minutes adding up to days. Students are required to be in school all day, every day from 8:00 a.m. till 2:00 pm.

PANTHER RUN ELEMENTARY'S

kids in capes how THE

GRINCH SAVED CHRISTMAS

Our 6th annual KIDS IN CAPES Toy Drive is here, and we need your super-duper help! We want to make your hearts as big as the Grinch's did three whole sizes bigger! Let's join forces and bring smiles to kids aged 3 to 14 who could use a little extra cheer. You can help by giving new toys, gift cards, or even being a wish-granter and sponsoring a child's wishlist within our own community.

Let's show kindness the
Who-Fashion way!

Nov. 27th to Dec. 18th





2023/24 SCHOOL CALENDAR

For an ADA accessible version of this calendar, visit browardschools.com/accessiblecalendar.

AUGUST				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

SEPTEMBER				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

OCTOBER				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

NOVEMBER				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

DECEMBER				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

JANUARY				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

FEBRUARY				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	

MARCH				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

APRIL				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

MAY				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

JUNE				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

- Employee Planning (no school for students)
- Schools and Administrative Offices Closed
- Schools Closed
- Report Cards Issued
- Interim Reports Issued
- Early Release Day
- First and Last Day of School

Hurricane Make-up Days: 10/23/23, 1/19/24, 3/21/24, 5/24/24, 6/10/24



Panther Run Elementary

School Advisory Council

2023-2024

School Advisory Council Meeting Dates

September 27, 2023

October 25, 2023

November 29, 2023

December 20, 2023

January 31, 2024

February 28, 2024

March 20, 2024

April 24, 2024

May 22, 2024

All meetings will be held at 2:15p.m.

School Advisory Forum Meeting Dates

September 27, 2023

November 29, 2023

January 31, 2024

March 20, 2024

May 22, 2024

Attention Parents: Please use run_dismissals@browardschools.com to make any changes to your child's dismissal. Always attach the photo ID of parent/guardian requesting the change. Remember, only persons listed on a student's emergency contact form will be allowed to pick up a child.

Ready for You: You can quickly and easily access the information you need to prepare for the new school year by visiting <https://www.browardschools.com/readyforyou>. This includes the school year calendar, registration information for new students, back-to-school online forms for returning students, before and after school childcare, breakfast and lunch menus, student transportation and Register to Ride, and more.

Panther Run Website: Please check out our school's website at <https://www.browardschools.com/pantherrun>. It provides information about our school and covers a variety of topics including: administration news, school hours, weekly Panther Prints Newsletter with calendars of events, PTA & Advisory news, Student Handbook and other downloadables and educational links to help your child learn at home. We look forward to an exciting and successful school year. If you need technology support, please call the school at 754-323-6850 Monday through Friday from 8:30 a.m. to 1:30 p.m.

Register 2 Ride School Bus Initiative: Please visit <https://tfsweb.browardschools.com/ride> to register your child for a school bus. Only students who are registered will be eligible to ride. There you will find information for the upcoming Transportation open house scheduled for Saturday, Aug. 19th from 10:00 a.m. to 2:00 p.m. and Sunday, Aug. 20th from 1:00 p.m. - 3:00 p.m. Please see the flyer on the following page for location address for our area.

Anti-Bullying Policy 5.9 Training: At the beginning of each school year, teachers, staff and students are required to participate in educational trainings regarding Policy 5.9 Anti-Bullying (Grades K-12). Recognizing that parents are an integral part of a school's environment and their child's safety, the School Board of Broward County is giving parents, guardians & caregivers the opportunity to participate in a training module developed specifically for them on Policy 5.9, Anti-Bullying. Please utilize the link below to access the Policy 5.9, Anti-Bullying training modules titled *Parent module* or visit www.browardprevention.org and click on the module titled parent training.

Volunteer & Mentor Application Process: If your interest and concern for students motivates you to volunteer in Broward County Public Schools, you will need to fill out the volunteer application on-line. The Volunteer Application can be found at www.browardschools.com by clicking on the Community tab, then Volunteers. The Volunteer Application and Mentoring information will be found under Volunteer Services. You can also find information about becoming a BCPS Mentor in the same area or please contact the Office of Equity & Academic Attainment at 754-321-1600.

Report a Threat in Broward County Schools

IF YOU SEE SOMETHING, SAY SOMETHING.

Be a Broward Buddy, Report a Tip!

Call 911 immediately in an emergency. If you have a NON-Emergency Safety or Security concern, please report it through any of our available tip reporting tools. (You may choose to remain anonymous or provide contact information for a callback.)

Call School District Operations Center: Call our District Security Operations Center (DSOC) 24 hours a day, 7 days per week (including holidays). One of our friendly DSOC Specialists will take your tip over the phone. Your tip will reach Broward Schools Investigators and then law enforcement, if applicable. Please let the DSOC Specialist know if you wish to remain anonymous.

Email: Submit a tip to the email address below. Although your email address is shown using this tip reporting method, you can choose to remain anonymous by simply requesting it in your message. Your tip will reach Broward Schools Investigators and then law enforcement, if applicable. SecurityTips@Browardschools.com.

FortifyFL: Submit a tip via FortifyFL online (no download required) or download the app for easier use. Visit FortifyFL using the link below. Your tip will reach law enforcement and Broward Schools investigators. [GetFortifyFL.com](https://www.getfortifyfl.com).

SaferWatch: Submit a tip via SaferWatch (download required). Visit SaferWatch using the link below. Your tip will reach law enforcement. www.saferwatchapp.com/browardschools/.

DISTRICT EMERGENCY PROTOCOLS FOR 2023-2024

IN AN EMERGENCY TAKE ACTION



HOLD!



SECURE!



LOCKDOWN!



EVACUATE!



SHELTER!



IN AN EMERGENCY TAKE ACTION



HOLD – Hold in your room or area. Clear the hallways. (Reference: medical, large fight, etc.)



SECURE – Get inside, lock all outside doors. (Business as usual)



LOCKDOWN- Locks, Lights, out of Sight. Lock doors and turn off lights **(Activate Alyssa's Alert or Call 911)**



EVACUATE- Exit to specific location. (Listen for location)



SHELTER- Hazard will be announced. Follow the safety strategy provided.

Important Arrival and Dismissal Reminders

School Times: 8:00 a.m. to 2:00 p.m. First Bell - 7:50 a.m.

Students are not permitted on campus before 7:30 a.m. There is no supervision before 7:30 a.m.

This is an important safety alert for our parents. Please remember that students should not be dropped off or arrive at school prior to 7:30 a.m. This is a safety concern as there is no supervision prior to 7:30 a.m. **Please do not stop and drop off or pick up your children on 172nd Avenue or 9th Street. Also, please do not block the crosswalks while waiting in the car line. Dropping off or picking up your child while stopped on 172nd Avenue or 9th Street is extremely dangerous for the children, parents and other drivers.** Please follow all traffic laws and drive to the appropriate area of the school parking lot to drop off or pick up your children. **All CAR RIDERS** should be dropped off for school and picked up in the EAST (back of school) parking lot. The WEST Parking lot (front of school) is for District school buses, private transportation vehicles, staff members and A-Team student drop off only.

When dropping off or picking up in the car line, please pull all the way forward until all cars stop before you allow your child to exit or enter the vehicle. Once all cars have stopped, students may exit or enter the vehicle under the covered walkway. Also, students walking/ biking to school should always follow the sidewalks around the perimeter of the car line. They are NOT to cut through the car line. This is for everyone's safety. Remember, we are all role models for the children and they learn the rules of the road from us. Thank you for your cooperation in keeping everyone at Panther Run Elementary School Safe.

It is every parents' responsibility to ensure that their child arrives at school on time every day. The first bell rings at 7:50 a.m. Students enter classrooms at 7:50 a.m. to prepare for class. Classes start at 8:00 a.m. Your child will be marked tardy after the second bell and it will be reflected on their report card.

Panther Run Elementary New Arrival & Dismissal Procedures 2023-2024



Everyone will be held and dismissed from inside the building for the 2023-2024 school year.

Car Line Dismissal Procedures: All car rider students will remain inside the building for car line dismissal (rain or shine). Parents will enter the Eastside of campus via NW 9th Street and drive through the back car loop. The school issued car rider placard with your child's name and grade level must be displayed in the front window of your vehicle. A staff member at the front of the line will radio for your child to be escorted to the car line. Please pull all the way forward until all cars stop and wait for your child to be escorted to your vehicle. For the safety of everyone, please remain in your vehicle. Do not get out of your vehicle at any time in the car line. Our staff will do our best to assist. Per the District, staff are not allowed to open and close vehicle doors. So please practice entering and exiting a vehicle safely with your child. **These procedures include A-Team students. A-Team students will no longer be dismissed from the front of the school. A-Team students will be dismissed from the back of the school in the car line dismissal area.** **Car line arrival** has not changed from last year's procedures. Students will be dropped off on the Eastside of campus and enter the through the PE door. A-Team students continue to be dropped off in the front of the school. A-Team parents are to park in a designated parking spot and escort their child to the drop off location by the exterior cafeteria door.

Bus Dismissal Procedures: All bus students will remain inside the building for bus dismissal. Bus students will be escorted to the main hallway by the front office and line up inside the building at their Bus letter/number. Once everyone has arrived, the bus students will be escorted outside by a staff member and loaded onto their bus. This includes aftercare transportation vehicles. **Bus arrival** has not changed from last year's procedures. Students will be dropped off at the front of the school and enter the building through the front doors.

VPK (Voluntary Pre-K) Dismissal Procedures: VPK students will be dismissed at 1:45 p.m. The VPK teacher and the classroom assistant will bring the students to the cafeteria to be dismissed out the exterior Cafeteria door. VPK parents will remain in their vehicle and the students will be called outside and escorted to the parent's vehicle. **VPK arrival** will be at the front of the school. Parents are to park in a spot on the Southside of the parking lot and then escort their child to the designated VPK drop-off location.

Walkers & Bikers Dismissal Procedures: Students who live on the Eastside of campus (Pembroke Isles Community), will be escorted out the PE door to walk around the perimeter sidewalk and exit the campus through the back gate by the bike rack. Primary students need to be handed off to a parent or guardian at the gate. Students who live on the Westside of campus (Silver Lakes Community), will be escorted out the front doors of the school to the bus area. These students will then walk north on NW 172nd Ave. to cross the road at the crossing guard. **For arrival,** walkers/bikers who live on the Eastside of campus will enter the building through the PE door. Walkers/Bikers who live on the Westside of campus will enter the building through her front doors of the school.

Dress Code

Panther Run has a mandatory school unified dress code.

All students attending Panther Run must adhere to this unified dress policy. Uniforms can be purchased through the school-approved dealer or at a local department store. The unified dress code consists of navy blue or khaki colored pants, skirts or shorts. Girls may choose to wear skorts or jumpers in these same colors. Polo shirts in navy blue, hunter green, or gray will be worn. The Panther Run PTA school tee shirt can also be worn. Cargo pants are not permitted. Students are permitted to wear jeans that fit properly and are not torn. Loafers, closed shoes or sneakers may also be worn. More information on school uniforms is available in the school office. Parents can apply for a waiver to the school uniform policy within the first ten days their child is enrolled at Panther Run, or within the first ten days of the beginning of every school year. Waivers are available in the front office. Student identification badges are part of the dress code and must be worn at all times on campus. Students are not permitted to wear suggestive, revealing or indecent clothing; including but not limited to clothing that exposes private body parts and/or displays pictures or words that have a sexual connotation. Hoodie sweatshirts, leggings and hats are not allowed to be worn in school.

News from Food & Nutrition

School breakfast & lunch are free for Panther Run Elementary students

Thanks to federal, state and local partnerships, Food and Nutrition Services are able to offer variety and well-balanced nutritious meals. The National School Lunch Program provides the student the opportunity of selecting a lunch consisting of 5 meal components (Meat/ Meat Alternate, Milk, Grain, 2 fruits or vegetables). The student may choose 3, 4, or 5 components for the same price. A student may refuse 1 or 2 of the meal components. The idea of "3 are good, 4 are better and 5 are best" is promoted to assure the greatest variety and nutrient intake. This is our government's way to assure that its financial support pays for only those meals that meet defined federal standards. School lunch meals provide an assortment of foods including entrée salads and fresh fruit daily. For students who prefer to bring a bag lunch, either low fat white, strawberry or chocolate milk, or water are available for \$.50 per carton. Ice Cream will be sold on Wednesdays for \$1.00. If a student does not select 3 of the 5 components offered as a meal, then the meal does not qualify for federal reimbursement and the student must pay ala carte prices. Students are charged a la carte prices for additional portions and for specialty items. Because of the government's support, choosing the school lunch meal is a real bargain. Please see the list of ala carte items and prices on page 14 of this newsletter. A couple items on the list will be sold daily based on availability. Therefore, not all items on the list will be sold every day. There are 47 schools in Broward County that do not qualify for Community Eligibility Program (CEP). These schools have been accepted for the universal free lunch pilot program. Under this pilot program, all students at Panther Run Elementary School will be receiving lunch for free. Breakfast is free District-wide for all students. Therefore we are highly encouraging parents to apply for the free & reduced meal benefit program this year. Students will bring home a Free and Reduced Price Meal application the first week of school. The United States Department of Agriculture provides free or reduced price meal to children whose families meet income requirements. This helps assure that all children have access to nutritious food during the school day. Children need proper nutrition to grow, be healthy and learn. Only one application is necessary per household. Information is secure and confidential. Non-citizens and non-residents may apply for benefits. Please contact your child's school or the District Meal Benefits Department at 754-321-0250 if you have questions. **Complete a Free and Reduced Price Meal Application Today.** If you have any questions, please call the Food and Nutrition Services office at 754-321-0215.

Breakfast Menu for December

PANTHER RUN ELEMENTARY / Breakfast / Menu at Panther Run Elementary

DECEMBER 2023

				Fri 1
				Large Cinnamon Bun Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Raisels Fresh Banana (Ripe) Milk
Mon 4	Tue 5	Wed 6	Thu 7	Fri 8
Mini French Toast Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Dried Apple Crisps Pineapple Tidbits Cup Milk	Breaded Mini Chicken Fillet Assorted Cereal Yogurt Parfait w/ Peach Honey Wheat Biscuit Raisins Fresh Apple Slices Milk	Confetti Pancakes Assorted Cereal Flavored Yogurt Cup Strawberry Nutrigrain Bar Pears, Cup Fresh Sliced Orange Milk	Fluffy Scrambled Eggs Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Apple Juice Fresh Banana (Ripe) Milk	Mini Maple Waffles Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Chilled Peaches Flavored Cranberries Milk
Mon 11	Tue 12	Wed 13	Thu 14	Fri 15
Cinnamon French Toast Sticks Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Dried Apple Crisps	Breaded Mini Chicken Fillet Assorted Cereal Yogurt Parfait w/ Pineapple Honey Wheat Biscuit Chilled Apricots Fresh Apple Slices	Breakfast, Cheese Omelet Assorted Cereal Flavored Yogurt Cup Croissant Roll Strawberry Nutrigrain Bar Applesauce Cup	Pork Sausage Patty Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Apple Juice Fresh Banana (Ripe)	Mini Maple Pancakes Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Chilled Peaches Fresh Banana (Ripe)

Elementary Breakfast & Lunch Milk Options White Milk - Strawberry Milk - Chocolate Milk Lunch (Lunch Only) - Lactose Free Milk
Daily Yogurt Menu Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana
Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt
Daily Cereal Options Cinnamon Chex Cereal - Apple Jacks Cereal - Cheerios Cereal - Cinnamon Toast Crunch Cereal - Froot Loops Cereal -
Frosted Flakes Cereal - Golden Grahams Cereal - Trix Less Sugar Cereal - Rice Chex Cereal - Rice Krispies Cereal - Lucky Charms Cereal -
Cocoa Puffs Cereal
Breakfast(\$0.00) Reduced Lunch(\$0.00) Elementary Lunch(\$0.00) Middle Lunch(\$0.00) High Lunch(\$0.00) Breakfast - Adults(\$2.70)
Lunch - Adults(\$4.75)

View more: <http://schools.mealviewer.com/school/PantherRunElementarySchool>

This Institution is an Equal Opportunity Provider

Breakfast Menu for December

PANTHER RUN ELEMENTARY / Breakfast / Menu at Panther Run Elementary

DECEMBER 2023

Mon 11	Tue 12	Wed 13	Thu 14	Fri 15
Pineapple Tidbits Cup Milk	Milk	Fresh Sliced Orange Milk	Milk	Milk
Mon 18	Tue 19	Wed 20	Thu 21	Fri 22
Mini French Toast Assorted Cereal Flavored Yogurt Cup Cinnamon Mini Breakfast Biscuits Dried Apple Crisps Pineapple Tidbits Cup Milk	Sausage, Egg & Cheese Tornado Assorted Cereal Yogurt Parfait w/ Pineapple Honey Wheat Biscuit Harvest Mixed Fruit Cup Fresh Apple Slices Milk	Chocolate Filled Crescent Assorted Cereal Flavored Yogurt Cup Strawberry Nutrigrain Bar Pears, Cup Chilled Mixed Fruit Milk	Early Risers Egg & Hashbrown Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Apple Juice Fresh Banana (Ripe) Milk	Waffles, Eggoji 4" Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Chilled Peaches Flavored Cranberries Milk
Mon 25	Tue 26	Wed 27	Thu 28	Fri 29
No Information Provided	No Information Provided	No Information Provided	No Information Provided	No Information Provided

Elementary Breakfast & Lunch Milk Options White Milk - Strawberry Milk - Chocolate Milk Lunch (Lunch Only) - Lactose Free Milk
 Daily Yogurt Menu Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana
 Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt
 Daily Cereal Options Cinnamon Chex Cereal - Apple Jacks Cereal - Cheerios Cereal - Cinnamon Toast Crunch Cereal - Froot Loops Cereal -
 Frosted Flakes Cereal - Golden Grahams Cereal - Trix Less Sugar Cereal - Rice Chex Cereal - Rice Krispies Cereal - Lucky Charms Cereal -
 Cocoa Puffs Cereal
 Breakfast(\$0.00) Reduced Lunch(\$0.00) Elementary Lunch(\$0.00) Middle Lunch(\$0.00) High Lunch(\$0.00) Breakfast - Adults(\$2.70)
 Lunch - Adults(\$4.75)

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Lunch Menu for December

PANTHER RUN ELEMENTARY / Lunch / Menu at Panther Run Elementary

DECEMBER 2023

				Fri	1
				Cheese Pizza Wedge Baked Potato & Cheese Pierogies Hummus and w/ Crackers Sweet Potato Crinkle Cut Fries Fresh Mini Sweet Peppers Steamed Carrots Fruit Blend Juice Milk White Milk	
Mon	4	Tue	5	Wed	6
Thu	7	Fri	8		
Chicken, Tangerine Latin Style Black Beans Meal Yogurt w/ Sunflower Seeds & Crackers Brown Rice Wheat Roll Steamed Broccoli Fresh Baby Carrots, Snack Pack Steamed Edamame Vegetables	Premium Beef Taco Nut-Free Butter Meal Salad, Egg & Cheese Tortilla Chips Brown Rice Salsa Cup Steamed Corn Frozen Rips Raspberry Passion Fruit Milk White Milk	Cheeseburger on Bun Vegan Bean & Green Chile Burrito Salad, Seeds & Cheese Macaroni and Cheese Wheat Crackers Potato Wedges Baked Beans Steamed Broccoli Raisins	Themed Shaped Chicken Nuggets Turkey & Cheese on Bun Vegan, Chik'n Nuggets w/ Grain Salad, Sliced Turkey and Cheese Theme Shaped Cracker Steamed Green Beans Fresh Celery Sticks Potato Crinkle Cut Fries	Pull Apart Cheezy Breadsticks Fish Patty on Bun Veggie Grillers Original Burgers on Bun Marinara Sauce Cup Potato Crinkle Cut Fries Steamed Edamame Vegetables Fresh Banana (Ripe) Milk	

Elementary Breakfast & Lunch Milk Options White Milk - Strawberry Milk - Chocolate Milk Lunch (Lunch Only) - Lactose Free Milk
Daily Yogurt Menu Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana
Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt
ES Daily Condiment Choices Jelly, Grape Packets - Jelly, Strawberry Packets - Syrup, Cup - Parmesan Cheese Packets - BBQ Sauce Portion
Pack - Duck Sauce Packets - Honey Mustard Portion Pack - Ketchup Packets - Mayonnaise Packets - Mustard Packets - Taco Sauce Packets -
Tartar Sauce Packets - Ranch Dressing Portion Pack :75oz - Ranch Dressing Portion Pack 1.5oz - Caesar Dressing - Creamy Italian Dressing -
French Dressing - Balsamic Vinaigrette Dressing
Breakfast(\$0.00) Reduced Lunch(\$0.00) Elementary Lunch(\$0.00) Middle Lunch(\$0.00) High Lunch(\$0.00) Breakfast - Adults(\$2.70)
Lunch - Adults(\$4.75)

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Lunch Menu for December

PANTHER RUN ELEMENTARY / Lunch / Menu at Panther Run Elementary

DECEMBER 2023

Mon 4	Tue 5	Wed 6	Thu 7	Fri 8
Fresh Apple Slices Harvest Mixed Fruit Cup Milk White Milk	Shredded Cheddar Cheese	Chilled Peaches Milk White Milk	Flavored Cranberries Mandarin Oranges Cup Milk White Milk	White Milk
Mon 11	Tue 12	Wed 13	Thu 14	Fri 15
Mexican Pizza Latin Style Black Beans Meal Yogurt w/ Cheese & Crackers Grilled Cheese Brown Rice Steamed Corn Cool Tropics Veggie Edge Steamed Green Beans Fresh Apple Slices Chilled Pears Milk White Milk	Premium Beef Spaghetti Sauce Vegan Bean & Green Chile Burrito Salad, Egg & Cheese Rotini w/ Italian Meat Sauce Rotini Pasta Garlic Breadsticks Fresh Baby Carrots, Snack Pack Steamed Broccoli Frozen Whole Fruit Cup Chilled Peaches Milk White Milk	Beef Hot Dog on Bun Turkey & Beef Pepperoni Stuffed Sandwich Salad, Vegan w/ Black Beans & Seeds Cheeseburger Sliders Wheat Crackers Baked Beans Potato Wedges Sweet Potato Crinkle Cut Fries Chilled Peaches Applesauce Cup Milk White Milk	Chicken Nuggets Grilled Cheese Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Wild White Nacho Dorito Chips Savory Herb Crackers Steamed Italian Blend Vegetables Sweet Potato Crinkle Cut Fries Black Beans Raisins Blueberry Cup Milk White Milk	Cheese Pizza Wedge Sloppy Joe Beef Sliders Hummus and w/ Crackers Yuca Steak cut fries Fresh Mini Sweet Peppers Steamed Carrots Fruit Blend Juice Milk White Milk

Elementary Breakfast & Lunch Milk Options White Milk - Strawberry Milk - Chocolate Milk Lunch (Lunch Only) - Lactose Free Milk
Daily Yogurt Menu Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt
ES Daily Condiment Choices Jelly, Grape Packets - Jelly, Strawberry Packets - Syrup, Cup - Parmesan Cheese Packets - BBQ Sauce Portion Pack - Duck Sauce Packets - Honey Mustard Portion Pack - Ketchup Packets - Mayonnaise Packets - Mustard Packets - Taco Sauce Packets - Tartar Sauce Packets - Ranch Dressing Portion Pack .75oz - Ranch Dressing Portion Pack 1.5oz - Caesar Dressing - Creamy Italian Dressing - French Dressing - Balsamic Vinaigrette Dressing
Breakfast(\$0.00) Reduced Lunch(\$0.00) Elementary Lunch(\$0.00) Middle Lunch(\$0.00) High Lunch(\$0.00) Breakfast - Adults(\$2.70) Lunch - Adults(\$4.75)

View more: [Panther Run Elementary Website](#)

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Lunch Menu for December

PANTHER RUN ELEMENTARY / Lunch / Menu at Panther Run Elementary

DECEMBER 2023

Mon 18	Tue 19	Wed 20	Thu 21	Fri 22
Asian Glazed Breaded Chicken Bites Honey BBQ Beef Rib on Bun Latin Style Black Beans Meal Yogurt w/ Sunflower Seeds & Crackers Chicken, Tangerine Brown Rice Wheat Roll Fresh Baby Carrots, Snack Pack Steamed Edamame Vegetables Fresh Apple Slices Harvest Mixed Fruit Cup Milk White Milk	Premium Beef Taco Parfait, Pineapple w/Cheese Stick Salad, Vegan w/ Garbanzo Beans & Seeds Tortilla Chips Brown Rice Steamed Corn Salsa Cup Frozen Rips Raspberry Passion Fruit Milk White Milk Shredded Cheddar Cheese	Roast Turkey Chunks with Gravy MeatLoaf w/ Gravy Salad, Vegan w/ Black Beans & Seeds Cornbread Stuffing Soft Themed Shaped Pretzel Dinner Roll Steamed Green Beans Farm Fresh Green Beans Mashed Potatoes Milk White Milk	Breaded Chicken Fillet on Bun Turkey & Cheese on Bun Vegan, Chik'n Nuggets w/ Grain Salad, Sliced Turkey and Cheese Chicken Nuggets Savory Herb Crackers Fresh Sliced Cucumbers Potato Wedges Potato Crinkle Cut Fries Blue Raspberry Applesauce Cup Mandarin Oranges Cup Milk White Milk	Pull Apart Cheezy Breadsticks Pork Carnita on Bun Veggie Grillers Original Burgers on Bun Marinara Sauce Cup Sweet Potato Crinkle Cut Fries Steamed Green Beans Fresh Banana (Ripe) Milk White Milk
Mon 25	Tue 26	Wed 27	Thu 28	Fri 29
No Information Provided	No Information Provided	No Information Provided	No Information Provided	No Information Provided

Elementary Breakfast & Lunch Milk Options White Milk - Strawberry Milk - Chocolate Milk Lunch (Lunch Only) - Lactose Free Milk
 Daily Yogurt Menu Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt
 ES Daily Condiment Choices Jelly, Grape Packets - Jelly, Strawberry Packets - Syrup, Cup - Parmesan Cheese Packets - BBQ Sauce Portion Pack - Duck Sauce Packets - Honey Mustard Portion Pack - Ketchup Packets - Mayonnaise Packets - Mustard Packets - Taco Sauce Packets - Tartar Sauce Packets - Ranch Dressing Portion Pack .75oz - Ranch Dressing Portion Pack 1.5oz - Caesar Dressing - Creamy Italian Dressing - French Dressing - Balsamic Vinaigrette Dressing
 Breakfast(\$0.00) Reduced Lunch(\$0.00) Elementary Lunch(\$0.00) Middle Lunch(\$0.00) High Lunch(\$0.00) Breakfast - Adults(\$2.70) Lunch - Adults(\$4.75)

View more: [https://www.panther-run.org/Menu-at-Panther-Run-Elementary](#)

This Institution is an Equal Opportunity Provider

Elementary School Cafeteria Ala Carte Items for Lunch

ALA CARTE MISC				
Elementary School Items				
Chex Mix			0.75	
Chips (Grain or Non-Grain)			0.75	
Crackers			0.75	
Frozen Whole Fruit Cup			1.00	
Milk			0.50	
Ice Cream			1.00	
Non-Dairy Ice Cream			1.00	
Popcorn (.25G)			0.75	
Poptarts (whole grain)			0.75	
Rice Krispie Treat			1.00	
String/cubed cheese			0.50	
Smart Cookie (whole grain)			0.50	
Sunflower Seeds			0.75	
Tortilla Rounds Chips (2 Grain)			1.00	
Tortilla Scoops (1 Grain)			0.75	
Water 8 oz			0.50	
Welch's Juice Slush/Rips			1.00	



AFTER SCHOOL CARE

Sunshine is a not-for-profit child care provider that has been providing superior school-age child care programs in Broward County since 1992. All of their programs are licensed and insured, and operate under the policies and directives of the Division of Children & Family Services and the Broward County School Board.

Sunshine is one of the highest rated After School Care Programs in Broward County. Their outstanding programs are recognized for meeting and/or exceeding the quality standards set forth by The Children and Family Services Licensing Department, the Broward County School Board and the Broward County Children Services Council.

They currently provide over 3,000 students with a wide variety of educational and recreational activities in their After School Care, No School Day and Camp Programs.

Their mission is to provide students with an inclusive child care program that is safe and nurturing in a comfortable environment. A culturally enriching program that promotes the physical, intellectual, emotional and social development of each child and a program that meets the highest quality of child care standards.

CONTACTS

Sunshine After School Child Care

Corporate Office: [954-236-8850](tel:954-236-8850)

Corporate email: info@sunshinefl.com

After Care: 2:00 - 6:00 pm

REGISTRATION AND FEES

Fee Schedules can be viewed on their website at www.sunshinefl.com

Registration fee and first period payment is due once your application is submitted online.

REGISTRATIONS ACCEPTED ONLINE ONLY AT:

<https://www.ezchildtrack.com/parentportal/?c=sunshineasc>

PANTHER RUN ELEMENTARY **2023-2024 Fun Friday's Dress Ups**

SEPTEMBER

- 1-Wear Red, White, & Blue
- 8-Hat Day
- 15- Miami Dolphins Day
- 22-Wear all White for Peace
- 29-Rock and Roll Day

OCTOBER

- 6-Breast Cancer Awareness: Wear Pink
- 13-Detective Day
- 20-Red Ribbon Week
- 27-Costume Day (No mask or weapons)

NOVEMBER

- 3-Disney Day
- 17-Wear Camo for Veterans

DECEMBER

- 1-Wear Favorite Holiday Attire
- 8-Wacky Hair Day
- 15-Grinch Day
- 22-Pajama Day

JANUARY

- 12- Wear Cool Blue
- 19- Celebrity Look Alike Day
- 26-Celebrate Literacy Week

FEBRUARY

- 2- Inside Out Day
- 9-Superhero/Villain Day
- 16-Red and Pink Day
- 23-Cartoon Day

MARCH

- 1- Dress like a Book Character
- 8- Comfy Day
- 15- Math Madness Week

APRIL

- 5-Wear Purple for Military Kids
- 12-Autism Awareness Week
- 19-Denim Day
- 26-When I Grow Up (Career Day)

MAY

- 3- STAR WARS/Space Day
- 10-Wear a Pet Shirt
- 17-Wear Multicultural Attire
- 24-Wear Stars & Stripes
- 31-Tacky Tourist Day

